



Airway – does the cat have an open airway?

1. Check the mouth and throat for foreign objects or an obstruction.
2. If there is one, lay the cat in lateral recumbancy.
3. Gently tilt the head back to extend the neck and head.
4. Use your finger (in an unconscious cat only) to check for foreign objects or obstruction, and remove if possible.
5. Proceed to Heimlich if attempts to clear the airway have failed.

Heimlich

1. Hold cat upside down with its back against your chest.
2. Hugging with both arms, give 5 sharp thrusts to the cranial abdomen area, doing each one like it would be the one to expel the object.
3. Stop and check in the mouth and throat for the object. If you see it, remove it and give 2 rescue breaths.
4. Do not proceed with CPR until airway is clear, even if the cat goes into cardiac arrest.



Breathing – is the cat breathing?

1. Do not attempt on a conscious cat.
2. If unconscious and not breathing, make sure the airway is clear, cup your hands over the mouth and nose, and form a seal with your lips.
3. Give 4 or 5 short, rapid rescue breaths. Make sure you see the chest rising and falling.
4. Stop and check to see if it started breathing yet. If so, do not proceed with CPR and get further directions from the Dr.
5. If the cat still isn't breathing, continue giving chest compressions and rescue breaths for a maximum of 20 minutes.
6. Don't exceed 20 to 30 rescue breaths per minute.



Circulation – does the cat have a heartbeat?

1. If a pulse cannot be palpated or the heart auscultated, lay cat in right lateral recumbancy (right side down) with the chest facing you.
2. Place palm of one hand over ribs where the elbow touches the chest.
3. Place the other palm underneath the right side of the cat.
4. Compress chest with elbow softly locked, ½” – 1” during compression (careful not to break the ribs).
5. Give 15 chest compressions followed by 2 rescue breaths.
6. After that, do 2 chest compressions for each rescue breath, then check for a pulse. (Two people can do this more efficiently).
7. If the cat still isn't breathing and the heart isn't beating, you can proceed for a maximum of 20 minutes.

